

GH 201-U – Valuation and Regulation, U.S.

Nov 2025/Mar 2026/Jul 2026

Important Course Information:

Exam Registration	Candidates may register online or with an application.
Order Study Notes	Study notes are part of the required syllabus and are not available electronically but may be purchased through the online store.
Syllabus Resources	Resources listed in this syllabus may include study notes, online readings, textbooks, videos and module content. Candidates are responsible for all materials in their entirety, including sections such as Appendices, unless it is stated otherwise in the syllabus.
Topic Weight Ranges	These have been provided to indicate the relative emphasis on each topic. The ranges of weights shown are intended to apply broadly over multiple sittings; however, the weights of topics on any individual exam could fall outside the published range. Candidates should also recognize that some questions will cover multiple learning objectives.
Learning Outcomes	Each resource listed indicates the specific learning outcome(s) it aligns with under that particular topic. Resources are listed in the recommended order of study to best master the overall topic and learning objective. For additional guidance, please see the course strategy guide.
Introductory Study Note	The Introductory Study Note has a complete listing of all study notes as well as errata and other important information.
Online Content Registration	This syllabus contains content in module or video format that can be accessed through the SOA online portal registration linked here. This includes only online content and materials that can be made available online; please consult this syllabus for the full curriculum.
Case Study	A case study will not be provided for this examination.
Past Exams	Past Exams from Fall 2020-present are available on SOA website.
Updates	Candidates should be sure to check for updates on the course homepage periodically for additional corrections or notices to the current syllabus.

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1. Topic: Reserving (30% - 40%)	
Learning Objectives	
The candidate will understand how to apply valuation principles for short duration group and health insurance contracts.	
Learning Outcomes	
The Candidate will be able to:	
<ul style="list-style-type: none"> a) Describe the types of claim reserves b) Explain the limitations and biases of the traditional valuation methods c) Calculate appropriate claim reserves given data d) Describe, calculate, and evaluate the impact of environmental factors on reserve calculations (trend, seasonality, claims processing changes, etc.) e) Evaluate data resources and appropriateness for calculating reserves f) Describe, calculate, and evaluate non-IBNR types of reserves and explain when each is required g) Apply applicable best practices related to reserving 	
Resources	Learning Outcomes
Video: Valuation at the Heart of Health Insurance	<i>Background</i>
Video: Health Valuation and Stakeholder Views	<i>Background</i>
<i>Group Insurance</i> , Skwire, Daniel D., 8 th Edition, 2021 <ul style="list-style-type: none"> • Ch. 39: Claim Reserves for Short-Term Benefits 	<i>1a-1e, 1g</i>
GH201-100-25: Health Reserves	<i>1a-1g</i>
Premium Deficiency Reserves Discussion Paper , AAA, Mar 2007	<i>1f</i>
ASOP 5: Incurred Health and Disability Claims (excluding Appendices)	<i>1g</i>
ASOP 7: Analysis of Life, Health or Property/Casualty Insurer Cash Flows (excluding Appendices)	<i>1g</i>
ASOP 23: Data Quality (excluding Appendices)	<i>1g</i>
ASOP 41: Actuarial Communications (excluding Appendices)	<i>1g</i>
ASOP 42: Health and Disability Actuarial Assets and Liabilities Other than Liabilities for Incurred Claims (excluding Appendices)	<i>1g</i>

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2. Topic: Financial Statements (15% - 30%)	
Learning Objectives	
The candidate will understand how to prepare and interpret insurance company financial statements in accordance with Statutory Accounting Standards and GAAP.	
Learning Outcomes	
The Candidate will be able to:	
<ul style="list-style-type: none"> a) Prepare a financial statement in accordance with Generally Accepted Accounting Principles (GAAP) b) Interpret the results of both statutory and GAAP statements from the viewpoint of stakeholders, including regulators, senior management, and investors c) Project financial outcomes and recommend strategy d) Apply applicable best practices related to financial statements 	
Resources	Learning Outcomes
Read. Think. Write. , Health Section News, Oct 2004	2d
GH201-400-25: Health Insurance Accounting Basics for Actuaries (excluding Ch. 1 & section 2.2 & Ch. 7)	2a, 2b
ASOP 21: Responding to or Assisting Auditors or Examiners in Connection with Financial Audits, Financial Reviews, and Financial Examinations (excluding Appendices)	2d
<i>Group Insurance</i> , Skwire, 8 th Edition, 2021 <ul style="list-style-type: none"> • Ch. 43: Analysis of Financial and Operational Performance 	2b, 2c
GH201-101-25: Group and Health Reinsurance – A Primer for Actuaries	2c
GH201-401-25: Structured Reinsurance: Impact on Health Product Pricing	2c

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3. Topic: Regulation (15% - 25%)	
Learning Objectives	
The candidate will understand how to evaluate the impact of regulation on insurance companies and plan sponsors in the United States.	
Learning Outcomes	
The Candidate will be able to:	
<ul style="list-style-type: none"> a) Describe the regulatory and policy making process in the United States b) Describe the major applicable laws and regulations and evaluate their impact c) Interpret a capital needs assessment and calculate RBC 	
Resources	Learning Outcomes
<i>Group Insurance</i> , Skwire, Daniel D., 8 th Edition, 2021 <ul style="list-style-type: none"> • Ch. 4: Health Policy and Group Insurance • Ch. 15: Principles of Health Insurance Regulation • Ch. 16: State Regulation in the United States • Ch. 17: Federal Regulation in the United States 	<p style="text-align: right;"><i>3a</i></p> <p style="text-align: right;"><i>3a</i></p> <p style="text-align: right;"><i>3a, 3b</i></p> <p style="text-align: right;"><i>3a, 3b</i></p>
Pharmaceutical Patent Regulation in the United States , The Actuary, Feb 2021	<i>3b</i>
Potential Abuses Within U.S. Pharmaceutical Patent Regulation , The Actuary, Feb 2021	<i>3b</i>
Federal Regulation of Prescription Drugs in the United States , The Actuary, Feb 2021	<i>3b</i>
State Regulation of Prescription Drugs in the United States , The Actuary, Feb 2021	<i>3b</i>
<i>Group Insurance</i> , Skwire, Daniel D., 8 th Edition, 2021 <ul style="list-style-type: none"> • Ch. 41: Risk-Based Capital Formulas 	<i>3c</i>
GH201-402-25: RBC Calculation Examples	<i>3c</i>

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4. Topic: Government Programs (10% - 20%)	
Learning Objectives	
The candidate will understand how to describe government programs providing health benefits in the United States.	
Learning Outcomes	
The Candidate will be able to:	
<ul style="list-style-type: none"> a) Describe Medicare benefits and evaluate pricing and filing requirements b) Describe Medicaid program structure and benefits, and evaluate pricing and filing requirements c) Describe the Affordable Care Act and evaluate impacts on pricing and filing 	
Resources	Learning Outcomes
<i>Group Insurance</i> , Skwire, Daniel D., 8 th Edition, 2021 <ul style="list-style-type: none"> • Ch. 9: Government Health Plans in the United States, pp. 133-149 	4a, 4b
Medicare Advantage Expanded Supplemental Benefits Over the Years , Health Watch, Special Edition, Mar 2021	4a
Medicare Advantage Experience Data: Pitfalls and Concerns Beyond ASOP #23 , Health Watch, Feb 2019	4a
GH201-404-25: Medicare Advantage: Eight Critical Considerations for Every Organization as ESRD Eligibility Expands in 2021	4a
GH201-403-25: Medicare Part D Prescription Drug Benefits	4a
GH201-406-25: Attempting to Boil the Ocean: A High-Level Overview of Medicaid and its Risk-Based Managed Care Programs Companion Excel: Medicaid Tables	4b
ASOP 49: Medicaid Managed Care Capitation Rate Development and Certification , pp. 1-12	4b
<i>Group Insurance</i> , Skwire, Daniel D., 8 th Edition, 2021 <ul style="list-style-type: none"> • Ch. 19: The Affordable Care Act 	4c
GH201-405-25: A Hard Pill to Swallow: Appreciating the Mathematical Dynamics of the Affordable Care Act	4c

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5. Topic: Flow of Funds (5% to 15%)	
Learning Objectives	
The candidate will understand how to describe the flow of funds in the health care system and the role of providers in the system.	
Learning Outcomes	
<p>The Candidate will be able to:</p> <ul style="list-style-type: none"> a) Establish a framework of how funds flow through the health care system b) Describe the role physicians play and their influence on the flow of funds c) Describe the market power of hospitals and how provider systems compete for patients, physicians, and contracts d) Describe the flow of funds in the Canadian healthcare system and the roles of the provider and government 	
Resources	Learning Outcomes
GH201-102-25: Flow of Funds in Healthcare System and the Role of Providers	<i>5a-5d</i>
GH201-103-25: <i>Health Economics and Financing</i> , Getzen, Thomas and Kobernick, Michael, 6 th Edition, 2022: Sections 5.4 - 5.6, 6.2 - 6.3, 7.4 - 7.5, 8.4 - 8.5, 13.2 - 13.3	<i>5a, 5c</i>
Sustainability of the Canadian Health Care System and Impact of the 2014 Revision to the Canada Health Transfer , SOA/CIA, Sep 2013, pp. 1-3, 51-54, 82	<i>5d</i>